

Take One & Call Me in the Morning

InSight MD

Leverage the Healthcare Landscape

Welcome to Insight MD's "information concierge" experience, where you will find collected for you in one convenient and user-friendly location links to current content on a variety of healthcare topics ranging from the basic to leading edge research and innovation as well as case studies.

Please return regularly for updates and to [provide your feedback](#) to help us continuously enhance our ability to meet your information needs in a world in which "the selectively less is often way much more."

May - June 2013

- **Industry Overview Topics**

- [Kaiser 2012 Employer Health Benefits Annual Survey](#)
- [SHRM 2012 Employee Benefits Report](#)
- [SHRM 2012 Employee Engagement Report](#)

- **Wellness**

- [Factors of a Successful Wellness Program](#)
- [Wellness Program Trends](#)

- **Care Management**

- [Team-Based Chronic Care Management](#)
- [Chronic Condition Management](#)

- **Reimbursement/Penalty Updates and Trends**

- [Shifting from Fee for Service Reimbursement to Population Health](#)
- [Hospital Readmissions](#)


- **Medical Homes and ACOs:**

- [Practice Leaders in Medical Homes](#)
- [ACOs and Incentives](#)

- **IT and Mobile Health**

- [IT Trends](#)
- [Technology Predicted to Replace Physicians](#)
- [Watson Better Than Physicians](#)



Meet Z. Colette
Edwards 

Z. Colette Edwards, M.D., M.B.A. leads Insight MD, a healthcare consultancy, which offers program design and implementation, targeted strategic planning and development, innovative product design, consultative data and clinical ROI analysis including benefit design and large claims analysis, health disparities/health literacy/cultural competency consultation, and PeopleTweaker, a coaching service line providing health, wellness, and life coaching and training in health coaching techniques for health professionals and support staff.

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